

# ST7.2 Leadership & Professionalism Course

Monday 4<sup>th</sup> – Tuesday 5<sup>th</sup> December 2023

# **Programme**

#### **Course Directors**

#### **Deborah Harrington**

Consultant Cardiac Surgeon, Liverpool Heart and Chest Hospital SCTS Education Secretary

#### Mike Shackcloth

Consultant Thoracic Surgeon, Liverpool Heart and Chest Hospital SCTS Thoracic Tutor



### **Faculty List**

| Cardiothoracic Surgery Faculty |   |  |  |
|--------------------------------|---|--|--|
| Narain Moorjani                | Consultant Cardiac Surgeon Papworth Hospital, Cambridge SCTS President            |  |  |
| Aman Coonar                    | Consultant Thoracic Surgeon Papworth Hospital, Cambridge SCTS President Elect     |  |  |
| Richard Page                   | Consultant Thoracic Surgeon, Liverpool Heart & Chest Hospital Past SCTS President |  |  |
| Richard Steyn                  | Consultant Thoracic Surgeon Queen Elizabeth Hospital, Birmingham                  |  |  |
| Graham Cooper                  | Consultant Cardiac Surgeon Past SCTS President                                    |  |  |
| Betsy Evans                    | Consultant Cardiac Surgeon<br>Leeds General Infirmary                             |  |  |
| Invited Faculty                |   |  |  |
| Sarah Murray (Day 2)           | SCTS Lay Representative   |  |  |



## Day 1

| Monday 4 <sup>th</sup> December 2023 |   |                     |  |
|--------------------------------------|---|---------------------|--|
|                                      |   |                     |  |
| 08:45 - 09:00                        | Introduction  | Deborah Harrington/ |  |
|                                      |   | Michael Shackcloth  |  |
| 09:00 – 09:40                        | How the NHS works   | Richard Page        |  |
| 09:40 - 10:40                        | Delivering excellence in healthcare   | Richard Page        |  |
| 10:40 – 11:00                        | Coffee  |                     |  |
| 11:00 – 12:30                        | Insights Discovery Workshop   |                     |  |
| 12:30 – 13:30                        | Lunch   |                     |  |
| 13:30 – 17:00                        | Leadership and Management  Communication  Explore the impact and benefits of emotional intelligence in the workplace.  Identify communication tools.  Active listening.  A team building activity which requires time management and excellent communication.  Influencing  Approaches to Influencing.  Survival on the Moon - an activity to demonstrate influencing skills at work.  Leadership Style and Motivation  An exploration of Leadership styles.  What motivates you and others?  Leadership behaviours |                     |  |
| 17:00 – 17:30                        | Mindfulness and Resilience  |                     |  |
| 17:30 – 17:45                        | Questions and Final Remarks   | All faculty         |  |
| 19:30                                | Private Dining – course dinner  |                     |  |



# Day 2

| Tuesday 5      | th December 2023   |   |
|----------------|--|---|
| 08:50 - 09:00  | Introduction   | Deborah Harrington/                       |
|                |  | Michael Shackcloth                        |
| 09:00 - 09:50  | Starting out as a consultant: Tips for the first 5 years – Ask the | Panel Session                             |
|                | faculty  | l and Session                             |
| 09:50 – 11:20  | Speed Mentoring (5 stations)                                       |   |
|                | Candidates gets opportunity to ask faculty questions on that       |   |
|                | topic (10 - 12 min each)   |   |
|                | How to be an innovator - how to introduce a new procedure          |   |
|                | How to become a researcher   | All faculty                               |
|                | How to be an educator  |   |
|                | How to be a medical leader   |   |
|                | Job plans  |   |
|                | • CEA  |   |
|                | Private practice   |   |
| 11:20 – 11:45  | Coffee   |   |
| 11:45: – 12:30 | Informed consent & duty of candour                                 | Sarah Murray                              |
| 12:30 – 13:30  | Lunch  |   |
| 13:30 – 14:15  | Dealing with the death of the patient and interacting with the     | Richard Page                              |
|                | coroner and medical examiner                                       |   |
| 14:15 – 15:00  | Complaints and Medicolegal issues                                  | Richard Steyn                             |
| 15:00 – 15:30  | Coffee   |   |
| 15:30 – 17:10  | Consultant interviews  | Narain Moorjani /                         |
|                |  | All faculty                               |
| 17:10 – 17:30  | Questions & Answers  | All faculty                               |
| 17:30          | Summary and Close  | Deborah Harrington/<br>Michael Shackcloth |